



All progress begins by telling the truth. Answering the following questions truthfully will give you **clarity** of where you are currently in your life; clarity brings **energy** to progress. Gaining clarity will assist you in creating **balance** in your life; balance gives **velocity** to your progress. Clarity and balance allow you to **focus** on the areas of your life that generate the greatest results; focus results in **accuracy** to get the most progress from your efforts. Clarity, balance and focus give you greater **confidence**. Confidence makes you an **attractant** to individuals and opportunities that can propel your progress to achieve your ultimate vision.

NOTE: For the purposes of this document, **family** is defined as one individual or multiple individuals related in any manner.

Instructions:

- 1 Answer each question based on your perception of your current situation vs. your optimal situation. The response scale is 1 (strongly disagree) to 5 (strongly agree).
- 2 Total the points achieved for each Quadrant and write the total in the space provided at the bottom of the page. The maximum score possible for each Quadrant is 50.
- 3 On the “evaluation & action” page (page 6), write the total scores for each Quadrant (from pages 2-5) in the appropriate box.
- 4 On page 6, total the numbers calculated in Step 3 and write your final score in the “grand total” box. This is your Quadrant Living Quotient (QL-Q). It will be a number between 40 and 200. Compare your score with the scale provided.
- 5 Discuss your results and feelings with your Quadrant Living Advisor. Establish a plan for achieving your optimal vision.

		strongly disagree					strongly agree				
1	I understand the specific values I cherish, have integrated them into my life, and share them with my loved ones.	①	②	③	④	⑤	①	②	③	④	⑤
2	I understand how my talents and unique ability help me achieve my true purpose in life.	①	②	③	④	⑤	①	②	③	④	⑤
3	I have a healthy relationship with those I love which allows me to communicate with, and express appreciation for, them openly and effectively on a regular basis.	①	②	③	④	⑤	①	②	③	④	⑤
4	I have a healthy spiritual relationship with the universe or a supreme being that gives me peace.	①	②	③	④	⑤	①	②	③	④	⑤
5	I participate in a regular exercise program, practice healthy eating habits, and use tobacco and alcohol in moderation, if at all.	①	②	③	④	⑤	①	②	③	④	⑤
6	I have learned about my ancestors, understand their legacy and how it can impact my life.	①	②	③	④	⑤	①	②	③	④	⑤
7	I have established a personal and family mission statement.	①	②	③	④	⑤	①	②	③	④	⑤
8	I have established family traditions that help us maintain communication and embrace our values.	①	②	③	④	⑤	①	②	③	④	⑤
9	I have an optimistic attitude which helps me see the good in everything around me and effect positive change in my life.	①	②	③	④	⑤	①	②	③	④	⑤
10	My time is appropriately balanced between family, work, and other activities.	①	②	③	④	⑤	①	②	③	④	⑤

core asset total

experience

ASSETS

		strongly disagree					strongly agree				
1	I have a system for sharing my wisdom and the habits of success with my family.	①	②	③	④	⑤	①	②	③	④	⑤
2	I introduce family members to important relationships.	①	②	③	④	⑤	①	②	③	④	⑤
3	I document and share family experiences and defining moments.	①	②	③	④	⑤	①	②	③	④	⑤
4	I have developed a reputation that I am proud of.	①	②	③	④	⑤	①	②	③	④	⑤
5	I have a method for sharing my skills with family members.	①	②	③	④	⑤	①	②	③	④	⑤
6	I build family unity through sharing experiences and stories (both past and current).	①	②	③	④	⑤	①	②	③	④	⑤
7	I invest time and money to expand my knowledge and education.	①	②	③	④	⑤	①	②	③	④	⑤
8	I have a well-defined vision and an action plan for achieving my purpose in life.	①	②	③	④	⑤	①	②	③	④	⑤
9	I plan family vacations and retreats with a purpose.	①	②	③	④	⑤	①	②	③	④	⑤
10	I have a team of advisors or mentors helping me achieve my vision.	①	②	③	④	⑤	①	②	③	④	⑤

experience asset total

contribution

ASSETS

		strongly disagree					strongly agree				
1	I have discovered my philanthropic passion and have a systematic program to support it.	①	②	③	④	⑤	①	②	③	④	⑤
2	I am comfortable with my philanthropic/charitable giving program.	①	②	③	④	⑤	①	②	③	④	⑤
3	I regularly contribute financially to charitable causes.	①	②	③	④	⑤	①	②	③	④	⑤
4	I regularly contribute my time to charitable causes.	①	②	③	④	⑤	①	②	③	④	⑤
5	I regularly contribute my knowledge to charitable causes.	①	②	③	④	⑤	①	②	③	④	⑤
6	My family participates in the charitable causes I support.	①	②	③	④	⑤	①	②	③	④	⑤
7	I am comfortable with the level of income taxes that I pay.	①	②	③	④	⑤	①	②	③	④	⑤
8	I teach those who are close to me the virtues of helping the less fortunate.	①	②	③	④	⑤	①	②	③	④	⑤
9	The people who are close to me participate in charitable giving activities with me and on their own.	①	②	③	④	⑤	①	②	③	④	⑤
10	I have a functioning plan that ensures my legacy and life's work will endure and leave a lasting, positive impression on the world.	①	②	③	④	⑤	①	②	③	④	⑤

contribution asset total

financial

ASSETS

		strongly disagree					strongly agree				
1	I am financially independent with sufficient financial wealth to maintain my lifestyle till death.	①	②	③	④	⑤					
2	I have a clear and functioning vision of how I will accomplish my financial objectives as well as optimize my financial assets.	①	②	③	④	⑤					
3	I am fully informed of the tax, legal and strategic implications of the strategies I have employed for managing my financial assets.	①	②	③	④	⑤					
4	I have appropriately diversified my financial holdings to minimize losses and earn adequate returns.	①	②	③	④	⑤					
5	I assist those who are close to me in developing their own financial opportunities.	①	②	③	④	⑤					
6	I have a clear estate plan in place and understand how, when and who will have access to my financial assets.	①	②	③	④	⑤					
7	My financial assets are protected from frivolous creditors and others who would take advantage of what I have accumulated.	①	②	③	④	⑤					
8	I have plans in place to minimize the negative impact my financial wealth could have on those who are close to me.	①	②	③	④	⑤					
9	I have cash and supplies available to support my family for at least 3 months in the event of an emergency.	①	②	③	④	⑤					
10	I have a dedicated team of advisors and/or mentors helping me achieve my vision for financial success.	①	②	③	④	⑤					

financial asset total

evaluation & action

1

Calculate your Quadrant Living Quotient (“QL-Q”) by adding up the number of points scored in each Quadrant.

core assets

total score

experience assets

total score

contribution assets

total score

financial assets

total score

grand total

161 - 200

Incredible!! You are a Quadrant living master and teacher for the world.

121 - 160

Great Start!! Identify the assets in each Quadrant that need the most focus.

81 - 120

Get Working!! Identify the Quadrant that needs the most focus and meet with your Quadrant Living Advisor to establish your plan.

40 - 80

Need Help!! Meet with your Quadrant Living Advisor to prioritize the areas of focus and to establish your plan.

2

Identify the Quadrant with the lowest score from the calculation in step 1 above. Focus the most time on this Quadrant while continuing to optimize the other Quadrants.

3

Identify the question(s) whose answer(s) gives you the most pain. Establish systems and strategies to improve that area in your life.

the brower quadrant

